

# Gluten Free Menu

## Starters

**Chicken liver pate**, with red onion chutney & gluten free toast, £8.45

**King Prawns**, sauteed in chilli & garlic, with toasted gluten free ciabatta, £9.75

**Soup of the day**, with gluten free ciabatta £7.45

**Creamy garlic mushrooms**, with a cheddar crumb & toasted gluten free ciabatta (V), £7.45

**Moroccan spiced hummus**, gluten free Pitta, & a mixed leaf & pomegranate salad, (Vg), £7.75

**To Share... Nachos with beef chilli**, jalapenos & cheese served with salsa & sour cream, £14.25

## Burgers

**Cheese Burger**, on a gluten free bun, with lettuce, tomato & mayo, £15.95

**The Lion Beef burger** topped with bacon, cheese and a fried egg on gluten free bun with lettuce, tomato and mayo, £18.95

**The Cow & Goat Burger**, A beef burger topped with goats' cheese caramelised red onion & balsamic glaze on a gluten free bun with lettuce, tomato and mayo, £19.25

**Chicken Burger**, Chicken breast topped with cheese & bacon on a gluten free bun with lettuce, tomato and mayo, £17.65

## Mains

**Chicken tikka curry**, pilau rice, mango chutney & mint yoghurt, £14.25

**Chicken Chasseur**, served with garlic roasted new potatoes & tender stem broccoli, £16.25

**Two chargrilled Pork Loin Steaks**, mashed potatoes green beans, peas & a wholegrain mustard sauce, £17.95

**Cock and bull sizzler**, strips of chicken, steak & vegetables in peppercorn sauce, with rice & chips, £19.55

**Chimichurri beef kebabs**, with mixed salad, chips, sour cream, served with gluten free pitta, £19.95

**10oz Rump steak**, with grilled tomatoes, mushrooms, with chips and peas, £23.25

**Lambs liver & smoked bacon**, in onion gravy, with mashed potatoes, carrots & peas, £14.95

**10oz Gammon steak**, with fried eggs or pineapple, chips & peas, £17.95

**Steak & mushroom stroganoff**, with pilau rice, £19.95

**Pan fried cod fillet**, in garlic butter on sauteed chorizo & new potatoes, tender stem broccoli & peas, £19.45

**Fish pie**; cod, salmon and prawns in creamy sauce, topped with mashed potato & cheese, with peas, £19.45

**Hoisin & sesame glazed Salmon Fillet**, served on spring onion rice & sauteed pak choi, £19.95

**King prawn & coconut curry**, with red peppers & onions served with rice and prawn crackers, £18.75

**Sweet potato & chickpea tikka curry**, served with basmati rice, (vg) £9.95

**Mushroom stroganoff**, cooked with coconut milk, served with pilau rice, (vg) £10.45

## Light bites

5oz Gammon steak, with a fried egg or pineapple,  
served with chips & peas, £10.95

Beef Chilli or Quorn Chilli,  
served with Rice or Chips, £10.45

Sweet Chilli Chicken Stir-fry with rice, £11.45

Omelette & Fries,

*pick two fillings...*

*cheese, ham, onion, peppers, mushroom or bacon, £11.95*

## Sandwiches

Served on gluten free buns with a choice of Chips or Fries

Cajun Chicken & Bacon, with lettuce & mayo, £12.45

Pulled Beef Brisket,

with onions & mustard mayo, £14.85

Tuna Mayo, topped with Cheese (V), £10.95

Fillet Steak, with mushrooms, onions, pan fried in  
gravy and topped with cheese, £14.95

Bacon, Brie & Cranberry sauce, £12.45

Grilled Goats Cheese, Pesto, roasted vegetables and  
rocket, £14.25

## Puddings

Sticky Toffee Pudding with Custard £6.95

Pear & Ginger Crumble £7.45 served with Custard or Ice Cream,

Vanilla Crème Brule £5.95

Sticky Toffee Sundae

Two scoops of vanilla ice cream, a scoop of toffee fudge ice cream,  
with sticky toffee pudding pieces, whipped cream & toffee sauce £10.25

Mint Chocolate Sundae

Two scoops of mint chocolate ice-cream, one scoop of chocolate ice cream,  
with chocolate mint cremes, whipped cream & chocolate sauce £10.25

We also have a selection of ice creams that are gluten free